

Schedule of Classes

Monday

11 am - 5 pm Private Lessons Available
5 pm Kids Martial Arts
6 pm Essentials
7 pm Brazilian Jiujitsu

Tuesday

10 am - 5pm Private Lessons Available
6 pm Kickboxing / Conditioning
7 pm Essentials

Wednesday

11 am - 5 pm Private Lessons Available
5 pm Kids Martial Arts
6 pm Advanced Training
7 pm Yoga / Bodyworks

Thursday

10 am - 5 pm Private Lessons Available
6 pm Panantukan (Filipino Boxing)
7 pm Brazilian Jiujitsu

Friday

10 am - 5 pm Private Lessons Available

Saturday

11 am Kali / Escrima
Noon Brazilian Jiujitsu
1:30 pm Orientation

Sunday

10 am - 3 pm Private Lessons Available

Visitors are always welcome. Gift Certificates are available. Private Lessons are scheduled by appointment.

Call today to schedule yours.

Effective June 1st, 2015



Sage Arts Studio

MARTIAL ARTS & FITNESS TRAINING

5818 West Forest Home Ave
Milwaukee, WI 53220

414.520.7243

anthony@sageartsstudio.com

www.sageartsstudio.com